Crisis Prevention, Intervention and Education

Education Awareness Resources:

➢ Youth Warning Signs: http://www.youthsuicidewarningsigns.org/
➢ Massachusetts Coalition for Suicide Prevention: http://www.masspreventsuicide.org/
➢ National Alliance of Mental Health: www.namimass.org
➢ Suicide Prevention Resource Center: www.samhsa.gov/nssp

Crisis Resources:

Call2Talk Crisis Line
508-532-2255
Send texts to 741741
Available 24 hours a day 7 days a week
https://mass211.org/call2talk/

National Suicide Prevention Lifeline
800-273-8255
https://suicidepreventionlifeline.org/

Samaritans Statewide Crisis
1-877-870-4673 (24-hour)
Text or call 24/7
www.samaritanshope.org

Community Based Emergency Services Programs
Statewide Emergency Services Program (ESP)
1-877-382-1609
https://www.masspartnership.com/member/esp.aspx

Mobile Crisis Intervention (MCI) for youth:
Youth up to age 21, this service mobilizes to the home or other site where a youth is located.
Services are provided 24/7/365 at all locations
1-877-382-1609
https://www.masspartnership.com/member/esp.aspx

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Local Crisis Team Information:

Lahey Health Behavioral Services is open 24 hours a day – 365 days per year. Clients are encouraged to call, but walk-ins are accepted. This support service is located at **391 Varnum Avenue, Lowell, MA 01854** and can be reached at **800-830-5177**.

*Serves the following areas: Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford.

Advocates Crisis Team is open 24 hours a day – 365 days per year. Clients are encouraged to call, but walk-ins are accepted. The district support office is located at **675 Main Street, Waltham, MA**. Advocates can be reached at **800-540-5806 or 781-893-2003**.

*Serves the following areas: Acton, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Maynard, Stow, Waltham, Watertown, Wilmington, Winchester, Woburn