

FOOTBALL PRE-SEASON SCHEDULE (DRAFT) 2022

ALL GRADES should report to Conditioning Test/Equipment Distribution on Thursday, 8/18

ALL GRADES should report to Practice on Friday, 8/19

Thursday	August 18	Conditioning Test (Fitness Room/Track), Equipment Distribution (dress like gym class)	1:00 pm - 4:00 pm (All Grades Report)
Thursday	August 18	Sports Physicals (Nurse's Office)	1:00 pm - 4:00 pm
Friday	August 19	Practice (helmets only)	2:00 pm - 5:30 pm
Saturday	August 20	Practice (helmets only)	9:00 am - 12:30 pm
Sunday	August 21	DAY OFF	
Monday	August 22	Practice	2:00 pm - 5:30 pm
Tuesday	August 23	Practice (Double)	9:00 am - 3:30 pm
Wednesday	August 24	Practice (Double)	9:00 am - 3:30 pm
Thursday	August 25	Practice (Double)	9:00 am - 3:30 pm
Friday	August 26	Joint Practice at Nashoba Tech (bus pickup: 8:00am)	10:00 am - 2:00 pm
Saturday	August 27	Practice	9:00 am - 12:30 pm
Sunday	August 28	DAY OFF	
Monday	August 29	Practice	3:00 pm - 6:00 pm
Tuesday	August 30	Away Scrimmage at Salem (bus pickup: 3:00pm)	5:00 pm
Wednesday	August 31	Practice	2:45 pm - 5:30 pm
Thursday	September 1	Practice	2:45 pm - 5:30 pm
Friday	September 2	Home Scrimmage vs Assabet	4:00 pm
Saturday	September 3	Practice (mandatory-except for Freshman)	9:00 am - 12:00 pm
Sunday	September 4	DAY OFF	
Monday	September 5	DAY OFF (Labor Day)	
Tuesday	September 6	Practice	2:45 pm - 5:30 pm
Wednesday	September 7	Practice	2:45 pm - 5:30 pm
Thursday	September 8	Practice	2:45 pm - 5:30 pm
Friday	September 9	Varsity Game vs Bedford (Home)	7:00 pm